

# STORYTELLING EXPEDITION

## UNIT 9

### The Lewis and Clark Story

#### Lewis and Clark Journey Home

On March 23, 1806, the Corps left Fort Clatsop for home. They retrieved their horses from the Nez Perce and waited until June for the snow to melt to cross the mountains into the Missouri River Basin. After again traversing the rugged Bitterroot Mountain Range, Lewis and Clark split up at Lolo Pass.

Lewis' group took a shortcut north to the Great Falls of the Missouri River and explored Marias River—a tributary of the Missouri in present-day Montana—while Clark's group, including Sacagawea and her family, went south along the Yellowstone River. The two groups planned to rendezvous where the Yellowstone and Missouri met in North Dakota.



# STORYTELLING

## TRAVERSE THROUGH PERSONAL STORIES AND CULTURAL TRADITIONS LEADERS BRING THEIR OWN MAP

### Goal

To connect with people through genuine and honest conversations about self and community

### ZOOM CONNECTION (Powwow)

Meet in the PYLP ZOOM ROOM at 8 a.m. to 11 a.m.

*“The most powerful person in the world is the STORYTELLER. The storyteller sets the visions, values, and agenda of an entire generation that is to come.” – Steve Jobs*

## The Art of Storytelling

### Living in the story:


- is told from the heart
- feels real and personal, like having a conversation with the person
- feels like you are sitting around the campfire together listening to the story

### Good “campfire” stories will:

- capture your attention
- make it personal, sharing emotions
- inspire change or action
- share a point, a key take-away, or a lesson learned



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Based on SIGDS Webinar, *The Art and Soul of Digital Storytelling*  
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### The “Plot” of a great story includes:

- a starting point, quickly setting up the story
- an interesting dilemma or conflict
- the “journey” to resolve the conflict
- climax
- resolution (denouement)
- the lessons learned

### Tip:

- Write the outcome (the ending) first to know where your story is going

### Note:

- 100 words is about 1 minute of audio
- 50% of student time should be used on creating story content

## **Below are 3 ways of how Storytelling supports leaders**

### **MANAGING CONFLICTS**

Sometimes the direct way is not the appropriate way in dealing with conflicts, stories help support and indirectly say what needs to be said. Storytelling is an important methodology to handle and resolve struggles and address problems.



### **INTERPRET THE PAST AND SHAPE THE FUTURE**

A story can bring together groups of teams. Ideally, leaders and their teams co-create their own story and create the future of where they want to go as a blueprint to their success.



### **A REASONING PROCESS**

Storytelling plays an important role in influencing others. It gives more depth to reason. When you organize other youth leaders, plan to add in a story to give it more depth vs. just numbers.



# 7 Elements to Turn a Good Story into a Great Story

1. Start with the context.
2. Use metaphors and analogies.
3. Appeal to emotion.
4. Keep it tangible and concrete.
5. Include a surprise.
6. Use a narrative style appropriate for business. Be concise and to the point. Business narratives should be 3-5 minutes long. Leave the long soliloquy for your first screenplay.
7. Move beyond telling your audience a story to creating a scene or event for them to participate in.

From [https://ardencoaching.com/importance-storytelling-leader/#\\_ftn3](https://ardencoaching.com/importance-storytelling-leader/#_ftn3)

**readwrite**think****

Line 1: Your First Name or the person in your community

Line 2: Four traits that describe you or the person in your community

Line 3: Relative of (brother, sister, etc.) \_\_\_\_\_

Line 4: Lover of \_\_\_\_\_(list three things or people)

Line 5: Who feels \_\_\_\_\_(three items)

Line 6: Who needs \_\_\_\_\_(three items)

Line 7: Who fears \_\_\_\_\_(three items)

Line 8: Who gives \_\_\_\_\_(three items)

Line 9: Who would like to \_\_\_\_\_(three items)

Line 10: Resident of \_\_\_\_\_

Line 11: Last Name \_\_\_\_\_

[illegible]

## ON YOUR OWN: WATCH IT!

“To achieve peace in our world, we can be the story that we want to see in the world, and we can help others too, just by listening. WE are, each of us, storytellers. To tell our stories is more than just a human right. It is a gift we can give the world.”

Watch the video by Kiran Singh Sirah titled “Storytelling: A Peaceful Power”.



## Write Your Notes:

[illegible]



## **REMINDER:**

Let us Powwow in the PYLP ZOOM ROOM

### Storytelling Group Exercise:

“Facts” are shaped by the stories we ourselves tell, and we have the power to shape the stories into bridges between people rather than walls.

Presentation   Discussion   Pairs   Small Groups

## **IMAGINE IT TOGETHER**



- **In Small Group**
- **Telling Story**
- **Giving Feedbacks in Pairs**
- **Back in the Main Room**

Debriefing: After returning from the small group, we will share our discussion in the larger forum. We will cover as many stories as we have time for. Consider the following questions. How was the story told? Could it have been told differently? Can you see yourself intentionally using stories to diffuse tension, build bridges and not walls, and teach others how to do so?

Closing: Go tell!



# ON YOUR OWN AROUND YOUR COMMUNITY

Stories help us understand each other. What is your story? What is the story of your community?

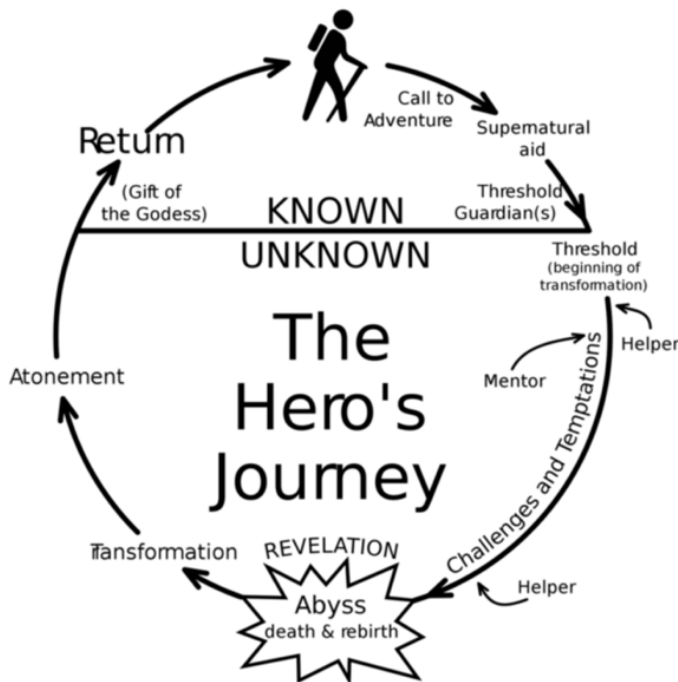
DO ONE OF THE FOLLOWING TASKS:



1. Interview an elder in your community. You can audiotape. You can videotape. You can write interview notes. You can do this over a cup of tea, coffee, coconut water, or water.

Share this on your Facebook and our PYLP Facebook.

Make sure to thank the elder the Filipino Way!



2. Using the template of "The Hero's Journey", write your Imagined Journey Story.



# About the Session Today

NOTE TO SELF: Use this to write a Note to Yourself.

## HANDOUT

### *Post-Training*

1. My expectations were met by . . .

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2. I need to work on . . .

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3. I was surprised to discover . . .

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4. I commit to improving these skills . . .

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# PYLP Checklist

Check the following boxes below to complete this module.

- ☐ I have read all the material on storytelling.
- ☐ I have completed exercise of writing my bio-poem.
- ☐ I have watched the video on storytelling.
- ☐ I participated in today's group session.
- ☐ I have completed the exercise of writing my story and the story of my community.
- ☐ I have completed the exercise of interviewing an elder in my community.
- ☐ I have completed the small group exercises of the Hero's journey.
- ☐ I have completed the post-training handout about the session today.

**COLOR ME!**



paint the world  
**SUPER**  
COLORING