

LEADERSHIP EXPEDITION

UNIT 1

The Lewis and Clark Story

The Lewis and Clark expedition is one of America's famous pioneer stories. Meriwether Lewis was appointed by President Jefferson and the U.S. government to survey the lands purchased from France by the United States in 1803 under the Louisiana Purchase.

To aid him in this task, Lewis asked his friend William Clark to co-command the expedition. Clark was entrusted to recruit a team for this venture, known as the "Corps for Northwest Discovery". Under Lewis and Clark's leadership, the Corps surveyed the Louisiana Territory from the Mississippi River to the Pacific Ocean.

Who Were Lewis & Clark?

Meriwether Lewis was born in Virginia in 1774 but spent his early childhood in Georgia. He returned to Virginia as a teenager to receive his education and graduated from college in 1793. He then joined the Virginia state militia—where he helped to put down the Whiskey Rebellion—and later became a captain in the United States Army. At age 27, he became personal secretary to President Thomas Jefferson.

William Clark was born in Virginia in 1770 but moved with his family to Kentucky at age 15. At age 19, he joined the state militia and then the regular Army, where he served with Lewis and was eventually commissioned by President George Washington as a lieutenant of infantry.

In 1796, Clark returned home to manage his family's estate. Seven years later, Lewis chose him to embark on an epic excursion that would help shape America's history.



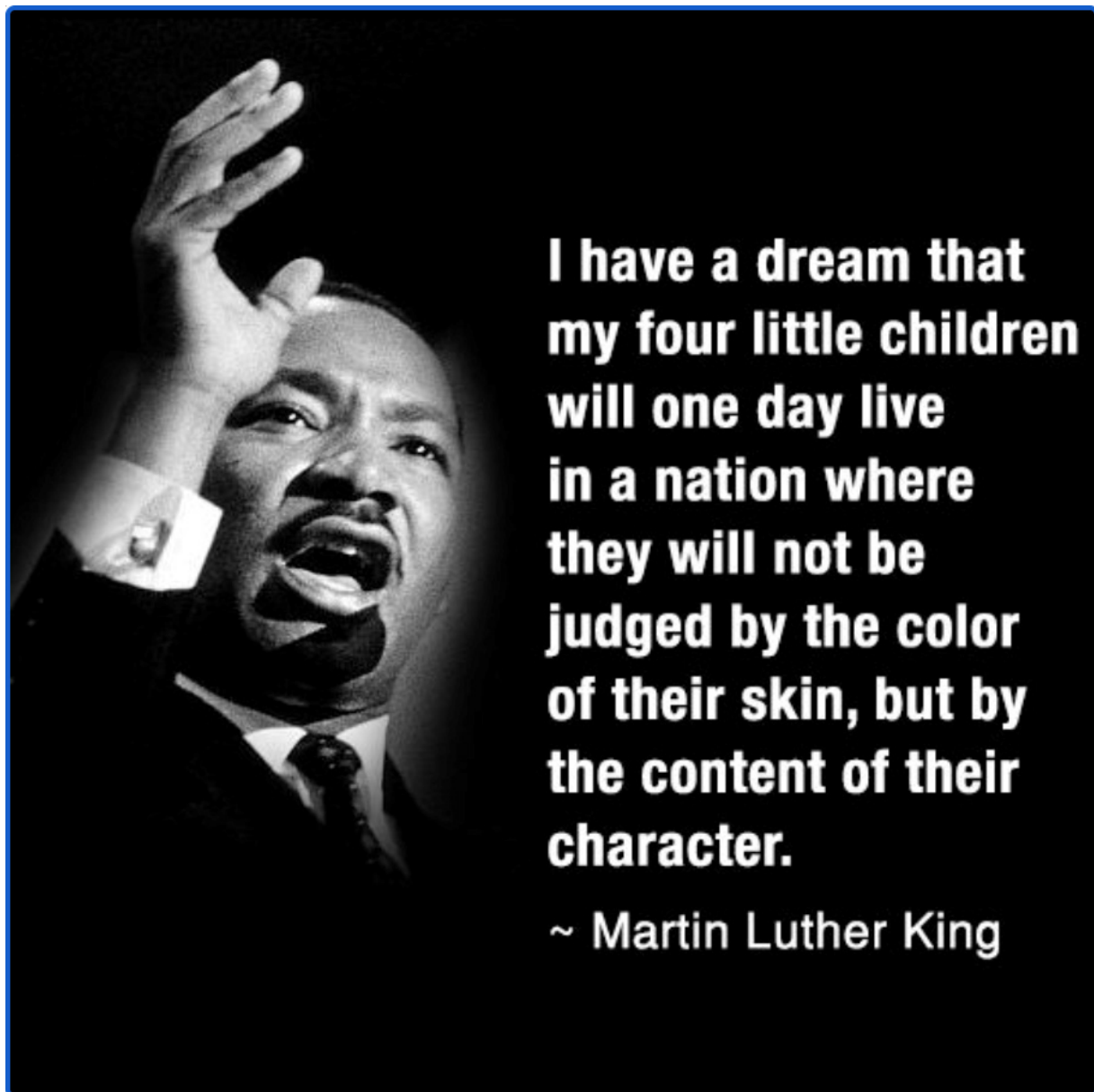
LEADERSHIP

EXPLORE THE VISION AND DREAM OF A STRONG LEADER
UNDERSTANDING NEW TERRITORIES

Goal: To create inspirational words and images to inspire others
to make a difference in the community

ZOOM CONNECTION (Powwow)
Meet in the PYLP ZOOM ROOM at 8 a.m. to 11 a.m.

“As we look ahead into the next century, leaders will be those who empower others.” – Bill Gates



Simple Rules in Life That Can Change the World

by Admiral McRaven, US Navy Officer

1. Start the day with a task completed; i.e. start off making your bed. – if you can't do the little things right, you never do the big things right.
2. Find someone to help you paddle.—You can't change the world alone, you will need some help. If you want to change the world bring a community of diverse people with you and accept the goodwill of others.
3. Respect everyone – If you want to change the world, measure a person by the size of their hearts not the size of their flippers.
4. Life is not always fair, move forward. If you want to change the world, get over being a sugar cookie and keep moving forward.
5. Don't be afraid to fail often. If you want to change the world do not be afraid of the circuses.
6. Take risks. If you want to change the world, sometimes you have to slide down the rope course, head first.
7. Face down the bullies. If you want to change the world, do not back down from the sharks.
8. Step up when times are toughest. If you want to change the world, you must be your very best during the darkest moments.
9. Lift up the down-trodden. If you want to change the world, start singing when you are up to your neck with mud. The power of one person by giving hope can change the world.
10. Never ever give up! If you want to change the world, don't ever, ever ring the bell.

ON YOUR OWN:

readwritethink SING

Listen to this song by Matisyahu: 

One Day
by Matisyahu

Sometimes I lay under the moon
And thank God I'm breathin'
Then I pray, "Don't take me soon
'Cause I am here for a reason."

Sometimes in my tears I drown
But I never let it get me down
So when negativity surrounds
I know some day it'll all turn around because

All my life I've been waitin' for
I've been prayin' for
For the people to say
That we don't wanna fight no more
There'll be no more war
And our children will play

One day, one day, one day, oh
One day, one day, one day, oh

It's not about win or lose, 'cause we all lose
When they feed on the souls of the innocent
Blood-drenched pavement
Keep on movin' though the waters stay
ragin'

In this maze
You can lose your way, your way
It might drive you crazy but
Don't let it faze you, no way, no way!

Sometimes in my tears I drown
But I never let it get me down
So when negativity surrounds
I know some day it'll all turn around because

All my life I've been waitin' for
I've been prayin' for
For the people to say
That we don't wanna fight no more
There'll be no more war
And our children will play

One day, one day, one day, oh
One day, one day, one day, oh

One day this all will change, treat people the
same
Stop with the violence, down with the hate
One day we'll all be free, and proud to be
Under the same sun, singin' songs of freedom
like

Why-ohh! (One day, one day) why-oh, oh, oh!
Why-ohh! (One day, one day) why-oh, oh, oh!

All my life I've been waitin' for
I've been prayin' for
For the people to say
That we don't wanna fight no more
There'll be no more war
And our children will play

One day, one day, one day, oh
One day, one day, one day, oh

ON YOUR OWN: WATCH IT!

Watch the video by Simon Sinek on “How Great Leaders Inspire Action”.



Pay attention to the following words: Leadership, Inspiration, Rationalize, Gut Decision, Law of Diffusion and Innovation, Believe, Decision Making

Take notes while watching:

[illegible]



REMINDER:

Let us Powwow in the PYLP ZOOM ROOM

Let's meet and talk about the presentation

WHY, HOW, WHAT

Why do you want to be a leader?	Why do you want to change your community?
How are you planning to lead?	What are you planning to do?

LET'S PLAY TOGETHER: ICE BREAKER

"If you could have any superpower, what would you choose?" Why?






IMAGINE IT TOGETHER

On August 28th, 1963, the African American Civil Rights Leader, Martin Luther King Jr. delivered a speech that changed the history of the United States of America. Today, this speech is titled, “I have a Dream.” Dr. Martin Luther King Jr. inspired people to dream with him. He spoke of his dream for his African American community. He said, I have a Dream, Not I have a Plan.

You have TWO tasks.

1. READ his speech below. You can also Listen to Audio. 
2. Take notes for your own “I have a dream speech” in the space after the reading.

I Have a Dream **Rev. Dr. Martin Luther King Jr.**

I am happy to join with you today in what will go down in history as the greatest demonstration for freedom in the history of our nation. [applause]

Five score years ago, a great American, in whose symbolic shadow we stand today, signed the Emancipation Proclamation. This momentous decree came as a great beacon light of hope to millions of Negro slaves [Audience:] (Yeah) who had been seared in the flames of withering injustice. It came as a joyous daybreak to end the long night of their captivity. (Hmm)

But one hundred years later (All right), the Negro still is not free. (My Lord, Yeah) One hundred years later, the life of the Negro is still sadly crippled by the manacles of segregation and the chains of discrimination. (Hmm) One hundred years later (All right), the Negro lives on a lonely island of poverty in the midst of a vast ocean of material prosperity. One hundred years later (My Lord) [applause], the Negro is still languished in the corners of American society and finds himself in exile in his own land. (Yes, yes) And so we've come here today to dramatize a shameful condition.

In a sense we've come to our nation's capital to cash a check. When the architects of our republic wrote the magnificent words of the Constitution and the Declaration of Independence (Yeah), they were signing a promissory note to which every American was to fall heir. This note was a promise that all men, yes, black men as well as white men (My Lord), would be guaranteed the unalienable rights of life, liberty, and the pursuit of happiness. It is obvious today that America has defaulted on this promissory note insofar as her citizens of color are concerned. (My Lord) Instead of honoring this sacred obligation, America has given the Negro people a bad check, a check which has come back marked insufficient funds. [enthusiastic applause] (My Lord, Lead on, Speech, speech)

But we refuse to believe that the bank of justice is bankrupt. (My Lord) [laughter] (No, no) We refuse to believe that there are insufficient funds in the great vaults of opportunity of this nation. (Sure enough) And so we've come to cash this check (Yes), a check that will give us upon demand the riches of freedom (Yes) and the security of justice. (Yes Lord) [enthusiastic applause]

We have also come to this hallowed spot (My Lord) to remind America of the fierce urgency of now. (Mhm) This is no time (My Lord) to engage in the luxury of cooling off or to take the tranquilizing drug of gradualism. [applause] (Yes, Speak on it!) Now is the time (Yes it is) to make real the promises of democracy. (My Lord) Now is the time to rise from the dark and desolate valley of segregation to the sunlit path of racial justice. Now is the time [applause] to lift our nation from the quicksands of racial injustice to the solid rock of brotherhood. Now is the time (Yes) [applause] (Now) to make justice a reality for all of God's children.

It would be fatal for the nation to overlook the urgency of the moment. This sweltering summer of the Negro's legitimate discontent (Yes) will not pass until there is an invigorating autumn of freedom and equality. (My Lord) 1963 is not an end, but a beginning. (Yes) And those who hope that the Negro needed to blow off steam and will now be content will have a rude awakening if the nation returns to business as usual. [enthusiastic applause] There will be neither rest nor tranquility in America until the Negro is granted his citizenship rights. The whirlwinds of revolt will continue to shake the foundations of our nation until the bright day of justice emerges.

But there is something that I must say to my people, who stand on the warm threshold which leads into the palace of justice: in the process of gaining our rightful place, we must not be guilty of wrongful deeds. Let us not seek to satisfy our thirst for freedom by drinking from the cup of bitterness and hatred. (My Lord, No, no, no, no) [applause] We must forever conduct our struggle on the high plane of dignity and discipline. We must not allow our creative protest to degenerate into physical violence. (My Lord) Again and again (No, no), we must rise to the majestic heights (Yes) of meeting physical force with soul force. (My Lord) The marvelous new militancy which has engulfed the Negro community must not lead us to a distrust of all white people (Hm), for many of our white brothers, as evidenced by their presence here today, have come to realize that their destiny is tied up with our destiny [sustained applause], and they have come to realize that their freedom is inextricably bound to our freedom. We cannot walk alone.

And as we walk, we must make the pledge that we shall always march ahead. We cannot turn back. There are those who are asking the devotees of civil rights, "When will you be satisfied?" (Never) We can never be satisfied as long as the Negro is the victim of the unspeakable horrors of police brutality. (Yes) We can never be satisfied [applause] as long as our bodies, heavy with the fatigue of travel, cannot gain lodging in the motels of the highways and the hotels of the cities. [applause] We cannot be satisfied as long as the Negro's basic mobility is from a smaller ghetto to a larger one. (Yes)

We can never be satisfied as long as our children are stripped of their selfhood and robbed of their dignity by signs stating for whites only. [applause] (Yes, Hallelujah) We cannot be satisfied as long as a Negro in Mississippi cannot vote and a Negro in New York believes he has nothing for which to vote. (Yeah, That's right, Let's go) [applause] No, no, we are not satisfied and we will not be satisfied until justice rolls down like waters (Yes) and righteousness like a mighty stream. [applause] (Let's go, Tell it)

I am not unmindful that some of you have come here out of great trials and tribulations. (My Lord) Some of you have come fresh from narrow jail cells. (My Lord, That's right) Some of you have come from areas where your quest for freedom left you battered by the storms of persecution (Yeah, Yes) and staggered by the winds of police brutality. You have been the veterans of creative suffering.

Continue to work with the faith (Hmm) that unearned suffering is redemptive. Go back to Mississippi (Yeah), go back to Alabama, go back to South Carolina, go back to Georgia, go back to Louisiana, go back to the slums and ghettos of our northern cities (Yes), knowing that somehow this situation can and will be changed. (Yes) Let us not wallow in the valley of despair. (My Lord)

I say to you today, my friends [applause], so even though we face the difficulties of today and tomorrow (Uh-huh), I still have a dream. (Yes) It is a dream deeply rooted in the American dream. (Yes)

I have a dream (Mhm) that one day (Yes) this nation will rise up and live out the true meaning of its creed (Hah): “We hold these truths to be self-evident, that all men are created equal.” (Yeah, Uh-huh, Hear hear) [applause]

I have a dream that one day on the red hills of Georgia (Yes, Talk), the sons of former slaves and the sons of former slave owners will be able to sit down together at the table of brotherhood.

I have a dream (Yes) [applause] that one day even the state of Mississippi, a state sweltering with the heat of injustice (Yeah), sweltering with the heat of oppression (Mhm), will be transformed into an oasis of freedom and justice.

I have a dream (Yeah) [applause] that my four little children (Well) will one day live in a nation where they will not be judged by the color of their skin but by the content of their character. (My Lord) I have a dream today. [enthusiastic applause]

I have a dream that one day down in Alabama, with its vicious racists (Yes, Yeah), with its governor having his lips dripping with the words of “interposition” and “nullification” (Yes), one day right there in Alabama little black boys and black girls will be able to join hands with little white boys and white girls as sisters and brothers. I have a dream today. [applause] (God help him, Preach)

I have a dream that one day every valley shall be exalted (Yes), every hill and mountain shall be made low, the rough places will be made plain (Yes), and the crooked places will be made straight (Yes), and the glory of the Lord shall be revealed [cheering], and all flesh shall see it together. (Yes Lord)

This is our hope. (Yes, Yes) This is the faith that I go back to the South with. (Yes) With this faith (My Lord) we will be able to hew out of the mountain of despair a stone of hope. (Yes, All right) With this faith (Yes) we will be able to transform the jangling discords of our nation (Yes) into a beautiful symphony of brotherhood. (Talk about it) With this faith (Yes, My Lord) we will be able to work together, to pray together, to struggle together, to go to jail together (Yes), to stand up for freedom together (Yeah), knowing that we will be free one day. [sustained applause]

This will be the day, this will be the day when all of God’s children (Yes, Yeah) will be able to sing with new meaning: “My country, ‘tis of thee (Yeah, Yes), sweet land of liberty, of thee I sing. (Oh yes) Land where my fathers died, land of the pilgrim’s pride (Yeah), from every mountainside, let freedom ring!” (Yeah)

And if America is to be a great nation (Yes), this must become true. So let freedom ring (Yes, Amen) from the prodigious hilltops of New Hampshire. (Uh-huh) Let freedom ring from the mighty mountains of New York. Let freedom ring from the heightening Alleghenies of Pennsylvania. (Yes, all right) Let freedom ring (Yes) from the snow-capped Rockies of Colorado. (Well)

Let freedom ring from the curvaceous slopes of California. (Yes) But not only that: (No) Let freedom ring from Stone Mountain of Georgia. [cheering] (Yeah, Oh yes, Lord) Let freedom ring from Lookout Mountain of Tennessee. (Yes) Let freedom ring from every hill and molehill of Mississippi. (Yes)

From every mountainside (Yeah) [sustained applause], let freedom ring.
And when this happens [applause] (Let it ring, Let it ring), and when we allow freedom ring (Let it ring), when we let it ring from every village and every hamlet, from every state and every city (Yes Lord), we will be able to speed up that day when all of God's children (Yeah), black men (Yeah) and white men (Yeah), Jews and Gentiles, Protestants and Catholics (Yes), will be able to join hands and sing in the words of the old Negro spiritual: "Free at last! (Yes) Free at last! Thank God Almighty, we are free at last!" [enthusiastic applause]

Source: MLKEC-INP, Martin Luther King, Jr. Estate Collection, In Private Hands

This image shows a single sheet of white paper with horizontal blue ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

ON YOUR OWN AROUND YOUR COMMUNITY

1. Write your own I have a Dream Speech. It does not have to be long.
2. Use the circles below to organize your thoughts. BE real! BE authentic! BE a Dreamer! BE Inspirational!
3. Create a *VIDEO* of yourself or with friends recording your own “I Have A Dream Speech”
4. Record this in the center of your community.
5. Share this on your Facebook and our PYLP Facebook.



Six large empty circles arranged in two rows of three, intended for organizing thoughts.

About the Session Today

NOTE TO SELF: Use this to write notes to Yourself.

HANDOUT

Post-Training

1. My expectations were met by . . .

2. I need to work on . . .

3. I was surprised to discover . . .

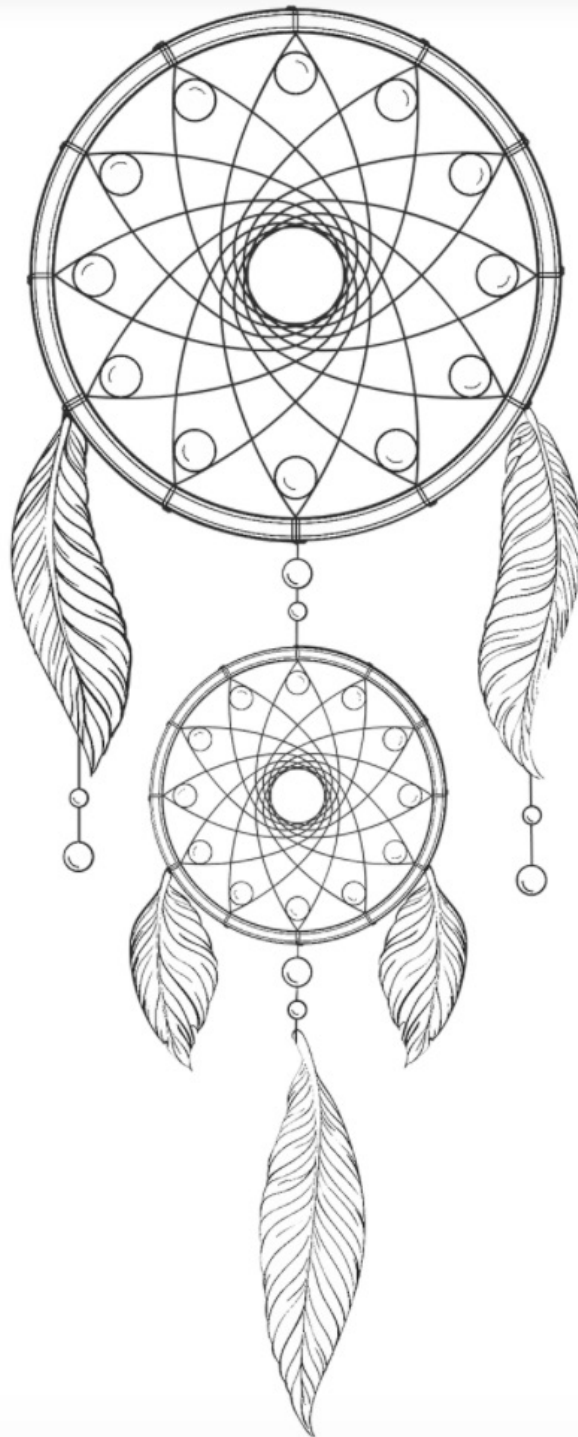
4. I commit to improving these skills . . .

PYLP Checklist

Check the following boxes below to complete this module.

- ☐ I have read all the material presented on leadership.
- ☐ I have listened to the song One Day.
- ☐ I have watched the video on “How Great Leaders Inspire Action” by Simon Sinek.
- ☐ I have completed the WHY, HOW, WHAT exercise.
- ☐ I have read Dr. Martin Luther King’s speech, “I Have a Dream”.
- ☐ I have written my own Dream Speech (may be in own language).
- ☐ I have recorded a video of my own Dream Speech.
- ☐ I have completed the post-training handout about the session today.

Dream Catcher - COLOR ME!



paint the world
SUPER
COLORING